



Picture: Martyn's dog Lottie inspecting the new Garden

The Martyn Daniels' Community Garden for Local Wellness now open!

The Isle of Dogs & District Allotment Society is pleased to announce the opening of this Wellness Garden

The space will be used by a gardening group for patients of GP practices on the Isle of Dogs.

It was the vision of our late Chair Martyn Daniels that we should offer a space to share the privilege of the allotments with people who have health needs or disabilities, as it is widely known that gardening can have great benefits for our physical and mental health.

The new plot is self-contained and will be accessed by the group via a separate gate by the trading shed.

A group leader and volunteers will facilitate all the gardening sessions.

It is a great privilege for our allotment society to be able to offer this opportunity to local people.